



AQUATIQUE

# AQUA WELLNESS

PISCINE - SPA - FITNESS

42  
cours

- AQUADYNAMIC 7
- AQUAWORK 7
- AQUATONUS 5
- AQUABODYBIKE 19
- AQUASOFT 4



**COURS EXPRESS' - 30 minutes**

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
9H15-10H00	9H15-10H00		9H15-10H00	9H15-10H00	9H15-10H00
<span style="background-color: #FF0080; color: white; padding: 2px;">AQUATONUS</span>	<span style="background-color: #00AEEF; color: white; padding: 2px;">AQUADYNAMIC</span>		<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="background-color: #FF8C00; color: white; padding: 2px;">AQUAWORK</span>	BÉBÉ NAGEUR 6 à 36 mois
10H15-11H00	10H15-11H00	10H15-11H00		10H30-11H15	10H00-10H45
<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="background-color: #FF0080; color: white; padding: 2px;">FUTURE MAMAN</span>	<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>		<span style="background-color: #9ACD32; color: white; padding: 2px;">AQUASOFT</span>	JARDIN AQUATIQUE 3 à 4 ans
					11H00-11H45
					<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>
12H30-13H00	12H15-12H45	12H30-13H00	12H15-12H45	12H15-12H45	11H50-12H35
<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #00AEEF; color: white; padding: 2px;">AQUADYNAMIC</span>	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #00AEEF; color: white; padding: 2px;">AQUADYNAMIC</span>	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #FF8C00; color: white; padding: 2px;">AQUAWORK</span>	<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>
13H00-13H30	12H50-13H20	13H00-13H30	12H50-13H20	12H50-13H20	12H50 - 13H35
<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #00AEEF; color: white; padding: 2px;">AQUADYNAMIC</span>	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #00AEEF; color: white; padding: 2px;">AQUADYNAMIC</span>	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">30'</span> <span style="background-color: #FF8C00; color: white; padding: 2px;">AQUAWORK</span>	<span style="background-color: #FF0080; color: white; padding: 2px;">AQUATONUS</span>
14H00-14H45	14H30-15H15	14H00-14H45		14H00-14H45	14H15 - 15H00
<span style="background-color: #9ACD32; color: white; padding: 2px;">AQUASOFT</span>	<span style="background-color: #9ACD32; color: white; padding: 2px;">AQUASOFT</span>	NATATION 5 à 6 ans		<span style="background-color: #9ACD32; color: white; padding: 2px;">AQUASOFT</span>	NATATION 7 ans et plus
16H30-17H15		14H45-15H30	16H30-17H15	16H30-17H15	15H00-15H45
<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>		NATATION 7 ans et plus	<span style="background-color: #FF8C00; color: white; padding: 2px;">AQUAWORK</span>	<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	NATATION 5 à 6 ans
17H30-18H15	17H30-18H15	17H30-18H15	17H30-18H15	17H30-18H15	16H00-18H00
<span style="background-color: #FF8C00; color: white; padding: 2px;">AQUAWORK</span>	<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="background-color: #FF8C00; color: white; padding: 2px;">AQUAWORK</span>	<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="background-color: #FF0080; color: white; padding: 2px;">AQUATONUS</span>	<b>Anniversaire Enfants</b> <b>ou</b> <b>PRIVATISATION DE LA PISCINE*</b>
18H30-19H15	18H30-19H15	18H30-19H15	18H30-19H15	18H30-19H15	
<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="background-color: #FF0080; color: white; padding: 2px;">AQUATONUS</span>	<span style="background-color: #00AEEF; color: white; padding: 2px;">AQUADYNAMIC</span>	<span style="background-color: #FF8C00; color: white; padding: 2px;">AQUAWORK</span>	<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	
19H30-20H15	19H30-20H15	19H30-20H15	19H30-20H15		
<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="background-color: #00AEEF; color: white; padding: 2px;">AQUADYNAMIC</span>	<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="background-color: #FF0080; color: white; padding: 2px;">AQUATONUS</span>		
20H20-21H05	20H30-21H15				
<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>	<span style="background-color: #00B09B; color: white; padding: 2px;">AQUABODYBIKE</span>				

\* Enterrement de VDJF  
Enterrement de VDG  
et bien d'autres encore ...